2026
Phoenix Cup
SAILING INSTRUCTIONS

Revised 3/12/2026

1 RULES

The races will be governed by The Racing Rules of Sailing 2025 - 2028, the prescriptions of the United States Sailing Association (US Sailing), and by these sailing instructions. Where conflicts occur among the rules, these sailing instructions shall take precedence.

2 ENTRIES

See Notice of race

3 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at the MYC Clubhouse and on the MYC website.

4 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted at least 2 hours before the scheduled warning signal on the day it will take effect, except that any change in the schedule of races will be posted by 2000hrs the day before it will take effect.

5 SIGNALS MADE ASHORE

Signals made ashore will be displayed by the Race Committee on the MYC clubhouse flagpole.

6 COMMUNICATIONS

- The Race Committee will announce all 'on the water' announcements on **VHF Channel 71**.
- All vessels must have a VHF radio on board.
- The omission(s) of the Race Committee's notifications will not be grounds for redress

7 SCHEDULE OF RACES

Refer to the NOR, Calendar on the Mattapoisett Yacht Club website or Racing Calendar posted at the clubhouse. The scheduled time of the warning signal will be approximately 1800 hours.

8 RACING AREA AND MARKS

The racing area and marks are shown on 2026 MYC Marks Chart, available online through the MYC site.

9 THE COURSE

10.1 The course to be sailed will be displayed on the Race Committee Course Board before or with the warning signal.

Course to be sailed will be designated by numbers. If an "X" is after the course number, then the next number is how many times to sail the course. A number has been assigned to each MYC Designated course. The designated course for each number is described in the Wednesday Night 2026 Racecourse Sheet.

10.2 Marks will be rounded directly in the order shown on the MYC's 2026 Racecourse Sheet. The MYC's Wednesday Night Marks Chart, shows the marks and their approximate location. This along with any GPS coordinates are only approximations and should be verified by all Skippers before racing. There will be no protest or redress regarding the mark location on the Chart, or any GPS coordinates obtained from the Race Committee.

10.3 Each turning mark shall be rounded on the side indicated on the 2026 Racecourse sheet. Marks listed in red shall be rounded to port and marks listed in green shall be rounded to starboard, except that the pin end of the start line when rounded as a mark will always be rounded to port.

10.4 ***Except when indicated as a turning mark, all yachts shall pass East of marks "S" and "L".***

11 THE START

11.1 The race shall be started using the following signals. Times shall be taken from the visual signals; the absence of a sound shall be disregarded.

SIGNAL	FLAG & SOUND
Warning	Class Flag(s); One Sound -5 min
Preparatory	"P" Flag; One Sound -4 min
One Minute	"P" Flag Removed; One Sound -1 min
Starting	Class Flag(s) Lowered; One Sound - Start

11.2 The Race Committee shall attempt to make a series of very short sound signals at approximately one minute before the FIRST warning signal. Failure to do so will not be cause for redress.

11.3 The starting line will be between a staff displaying an orange flag on the Race Committee boat on the starboard end of the line and the port end starting mark.

11.4 A yacht shall not start later than four minutes after her starting signal

12 RECALLS

12.1 Individual recalls will be signaled in accordance with racing rule 29.1. As a courtesy, the Race Committee may attempt to call premature starters by broadcasting their sail numbers on CH 71. Failure of a yacht to see, hear or interpret a recall notification shall not relieve her of her obligation to properly start, nor shall it be grounds for redress under RSS 62.

12.2 When a general recall has been signaled, a new WARNING signal will be made one minute after the lowering of the code flag "First Substitute" with one sound signal. The start(s) for the succeeding class(es) may also be postponed accordingly.

13 CHANGING COURSE AFTER START

A change of course will be signaled in accordance with RRS 32.

14 THE FINISH

14.1 The finishing line will be between a staff displaying an orange flag on the Race Committee boat and the designated mark.

14.2 A yacht that starts a race but fails to finish must report to the race committee as soon as possible.

14.3 The time limit is two hours. Yachts failing to finish within 45 minutes after the first boat in their class sails the course will be considered "Did Not Finish" (DNF).

15 PROTESTS Please- NO Protests… Do Your Circles……..

15.1 A yacht intending to protest shall notify the race committee upon finishing or retiring. For yachts sailing single-handed, racing rule 61.1 (a) is modified to delete the requirement to fly a protest flag.

15.2 Protests shall be written on forms available at US Sailing and delivered or emailed to the Race Committee Chair at racechair@mattapoisettyc.org no later than 1630 hours on the day after the race.

15.3 Skippers will be notified of the time and place of hearing in accordance with Rule 63.2.

16 SCORING

See the NOR

17 PENALTIES

A boat may take a Two-Turns Penalty when she may have broken one or more rules of Part 2 in an incident while racing. She may take a One-Turn Penalty when she may have broken rule 31. This does not change any of the rules in Part 4, Rule 44.